

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

PRESENTATION FORM

Presenter Bio

Please include your full name, credentials, degrees and information about your position and place of employment. **Please send a copy of your CV along with this completed form.**

Molly Carter, PsyD, is a clinical psychologist with over a decade of experience working with children with neurodevelopmental differences. Currently, Dr. Carter serves as the Lead Psychologist of the Developmental Medicine Clinic at Children's Hospital of Pittsburgh. Her main role is to evaluate children for Autism. She also provides training and supervision to staff psychologists, and she conducts Parent-Child Interaction Therapy (PCIT) through the UPMC Western Wellness Program for Kids. When Dr. Carter is not seeing families, she is focused on improving the day of diagnosis experience.

Jessie Northrup, PhD, is a Clinical and Developmental Psychologist and Assistant Professor in the Department of Psychiatry at the University of Pittsburgh. Dr. Northrup's research focuses on early social and emotional development in young children on the autism spectrum. She is passionate about improving the lives of autistic individuals and their families.

Noelle Sirrs, Charlene Filsaime, and Angela Starosta are parents of children with an autism diagnosis.

Name and Narrative Description of your Presentation

Please determine if it is introductory, intermediate, or advanced.

Real Life Experiences: Parent Perspectives on the Day of Diagnosis and Beyond

A panel of three parents will share their perspectives and experiences with receiving a diagnosis for their child(ren) and navigating what comes next. Discussion will touch on a variety of topics, including what the diagnostic process is like for families, challenges parents face navigating the insurance and service systems, and what is helpful and harmful.

Introductory

Three (3) learning objectives

By the completion of this session, participants should be able to:

Participants will learn what is commonly involved in the autism evaluation process.
Participants will gain insight into what it is like as a parent to go through the autism diagnostic process.
Participants will identify what is helpful and harmful to parents during and after the diagnostic process.

Three (3) current (within the past 10 years) peer-reviewed publications that support the evidencebase for the content of your presentation

Publications must be listed in American Psychological Association (APA) Style (see www.apastyle.org for more information).

APA format for journal article citation:

Author last name, Author First Initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal*. volume(issue) (if issue numbered), pages.

Hyman SL, Levy SE, Myers SM, AAP COUNCIL ON CHILDREN WITH DISABILITIES, SECTION ON DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS. Identification, Evaluation, and Management of Children with Autism Spectrum Disorder. *Pediatrics*. 2020;145(1): e2019344.

Lipkin, Paul H., et al. "Promoting optimal development: identifying infants and young children with developmental disorders through developmental surveillance and screening." *Pediatrics* 145.1 (2020).

Lord, Catherine, et al. "The Lancet Commission on the future of care and clinical research in autism." *The Lancet* 399.10321 (2022): 271-334.

Hirota T, King BH. Autism Spectrum Disorder: A Review. *JAMA*. 2023 Jan 10;329(2):157-168. doi: 10.1001/jama.2022.23661. PMID: 36625807.

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